

The Beacon

Academic Year 2020/21

Issue No: 21

Date 18th June 2021

Hello from Mr West

In a week when Cristiano Ronaldo removed the Coke bottles for view at a Euro 2020 press conference and advocated the drinking of water <https://www.youtube.com/watch?v=JK5ohcBD-fk> our focus in the year groups assemblies has been the promotion of healthy living and making sensible choices. We discussed the importance of sleep, the power of balance in our diets and the benefits of physical activity. Every year in June, the U.K has a National Healthy Eating Week. This year it has taken place between Monday 14th to Friday 18th of June. The aim of this week is to encourage everyone to reflect on their lifestyles and look to make improvements to enhance their health and wellbeing. You will have all seen the advice of eating five a day (which I know can be a real challenge) but the benefits if achieved can be extraordinary. The five a day message is a great one, but the challenge of eating the rainbow is one that can be equally rewarding health wise. Simply put, eating the rainbow involves eating fruits and vegetables of different colours every day. While eating more vegetables and fruit is always a good idea, focusing on eating a variety of colours will increase your intake of different nutrients to benefit various areas of your health. Eating fruits and vegetables in different combinations can also enhance their flavour. My children will tell you that I am a big fan of the strawberry and grape combo! Enjoy the football (if you are watching) and have a great weekend.

Mufti

Funday Friday is on the horizon again. On Friday 2nd July we are inviting everyone to celebrate the festival of football that is the European Championships and come to school wearing a football kit or sportswear. Enjoy the game this evening and have a great weekend.

Summer Fair

Sadly due to the Government pushing the roadmap back we feel it best to cancel the Summer Fair. There will still be a raffle – more information to follow. We hope you support this.

School Term Dates for 2020/2021

Fri 25th June – non-pupil day

Tues 29th June – Sports Day for Foundation & KS1

Wed 30th June - Sports Day for Years 3 & 4 and Years 5 & 6

Fri 2nd July – PTFA Summer Fair

Fri 23rd July – Last day of term (**1:30pm finish for Year 6 / 2:15pm finish for Foundation through to Year 5**)

Mon 26th July – start of the summer holidays

Mon 6th Sept - non-pupil day

Tues 7th Sept – first day of term

Mon 25th – Fri 29th Oct Inc. – half term

Mon 20th Dec 2021 – Mon 3rd Jan 2022 Inc. – Christmas holidays

School Term Dates for 2021/2022

Tues 4th Jan - non-pupil day

Mon 21st – Fri 25th Feb – half term

Mon 11th – Fri 22nd Apr Inc. – Easter holidays

Mon 2nd May 2022 – Bank holiday

Monday 30th May 2022 – Bank holiday

Tues 31 May – Fri 3rd June Inc. - Half term

Mon 6th June - non-pupil day

25th & 26th July - non-pupil days

27th July – start of the summer holidays

Planned absences

In the first instance please notify the school office of all planned and unplanned absences, as well as any early pickups 01752 216160 or email admin@mpsplymouth.net we will then notify the class teachers, and amend any registers accordingly.

Where possible, please try to arrange medical appointments during holiday times or out of school hours. If you cannot make doctor or dentist appointments out of school hours, wherever possible the child should come to school before the appointment and return to school afterwards. Please provide a copy of any appointment letters/text messages beforehand. If you wish to take your child out of school for a religious observance please inform the school too.

Music News

Sadly, this week, we heard that the Mayflower 400 event that some of our Year 4 and Year 6 pupils were due to sing at in July has been cancelled. This was a real disappointment for us as we were looking forward to singing with HM Royal Marine Band in a choir of over 600 children and adults in front of royalty and 15,000 people!

However, we will keep singing! Miss JR would like to say a big thank you to the singers for working so hard to learn the tricky material in a short space of time, particularly Esther and Fletcher in Year 6 who were due to be the child soloists at the event.



Restricted places available due to COVID 19 – please book early to avoid disappointment



Everyone to leave with a medal on every day!!

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Summer Pass
Access as many courses as you like for £250 per participant

ARGYLE SOCCER ROADSHOW

Our Soccer Roadshows are age and football specific with the emphasis on fun, enjoyment and development. Sessions include skills, technique, competitions and small sided games.

GIRLS ONLY ROADSHOW

Girls of all abilities have the chance to learn new skills, make new friends and really feel part of the football community. These sessions are in place to shatter any lingering pre-conceptions about women's and girls' football and boost participation whilst learning skills and technique and playing small sided games.

MINI PILGRIMS 9:30AM - 12:30PM

Mini Pilgrim football sessions are aimed at three - six year olds, who are experiencing their first taste of a structured coaching session. The sessions are staffed at a ratio of 1 coach to 12 children. The emphasis is to improve the children's listening and concentration skills whilst working on balance and co-ordination. The children can develop in a safe and fun environment over the duration of the sessions.

STRIKING & GOALKEEPING

This specific day will cover lots of shooting activities and goalkeeper specific training. With opportunities for defenders and attackers to showcase their skills.

T 01752 562561 ext 4

www.argylecommunitytrust.co.uk

All courses for boys and girls of all abilities aged 5 - 15 years.

*Except mini pilgrims

For our cancellation policy please visit <https://argylecommunitytrust.co.uk/terms>

DISABILITY ROADSHOW 10AM-3PM

A fun-filled day packed with football games in an inclusive and comfortable environment. The day is tailored for children with a physical impairment, learning disability or mental health condition.

SHORT BREAKS 10AM-1PM

Fun and inclusive football and multi-sport activities for children aged 7-15 with a disability and educational health & care plan (EHCP).

MULTI SPORTS

Chance for participants to undertake a wide range of sports throughout the day. Sports will vary from football, handball, tag rugby plus many more. Each venue and area will offer different sports.

SATURDAY MORNING SESSIONS 9AM-12PM

Saturday Morning football sessions are aimed at children 4 -11 years old. The sessions are staffed by qualified & full time members of staff. The emphasis is to improve the children's football skills and confidence, whilst working on balance and co-ordination. The children can develop in a safe and fun environment over the duration of the sessions. This is open to players of all experience and ability.

SUMMER ROADSHOW 2021

Book our courses online

www.argylecommunitytrust.co.uk



Extended Times!
9:30am - 3:30pm

LEARN.
PLAY.
SUCCEED.

Prices from £5 - £18
Registration opens at 9.00am
Extended Running time - 9:30 - 3:30

All courses for boys and girls of all abilities aged 5 - 15 years
*Except mini pilgrims
Additional activities are available

T 01752 562561 ext 4 www.argylecommunitytrust.co.uk

PLYMOUTH

NO.	VENUE	THEME	COST	DATE
PS	Manadon Sports and Community Hub	Argyle Football Roadshow	£18	26th July, 2nd Aug, 9th, 16th, 23rd, 30th
PS	Manadon Sports and Community Hub	Strikers & Goalkeepers	£18	27th July, 3rd Aug, 10th, 17th, 24th, 31st
PS	Newton Ferra Primary School	Football Roadshow	£18	27th July, 3rd Aug, 10th, 17th, 24th, 31st
PS	Manadon Sports and Community Hub	Multi-sports day	£18	28th July, 4th Aug, 11th, 18th, 25th, 1st Sep
PS	Manadon Sports and Community Hub	Mini Kickers (10am-11am)	£5	28th July, 4th Aug, 11th, 18th, 25th, 1st Sep
PS	Newton Ferra Primary School	Multi-sports day	£18	28th July, 11th Aug, 25th
PS	Manadon Sports and Community Hub	LTPD Intense Day	£10	29th July, 12th Aug, 26th
PS	Manadon Sports and Community Hub	Argyle Football Roadshow	£18	30th July, 6th Aug, 13th, 20th, 27th, 3rd Sep
PS	Manadon Sports and Community Hub	Argyle Girls Only Roadshow	£18	30th July, 6th Aug, 13th, 20th, 27th, 3rd Sep
PS	Plympton Academy	Strikers & Goalkeepers	£18	30th July, 13th Aug, 27th
PS	Wembury Primary	Argyle Football Roadshow	£18	27th Jul
PS	Wembury Primary	Multi-sports day	£18	28th Jul
PS	Ivybridge Community College	Strikers & Goalkeepers	£18	6th Aug, 20th, 3rd Sep
PS	Ivybridge Community College	Girls Only Roadshow	£18	6th Aug, 20th, 3rd Sep

WEST CORNWALL

NO.	VENUE	THEME	COST	DATE
WCS	Falmouth Sports HUB	Argyle Football Roadshow	£18	28th July, 30th, 2nd Aug, 6th, 9th, 13th, 16th, 20th, 23rd, 27th, 30th, 3rd Sep
WCS	Cam Brea Leisure Centre	Argyle Football Roadshow	£18	28th Jul, 4th Aug, 11th, 18th, 25th, 1st Sep
WCS	Helston Athletic FC	Argyle Football Roadshow	£18	29th Jul, 19th Aug
WCS	Newquay Treviglas Academy	Argyle Football Roadshow	£18	3rd Aug, 17th Aug
WCS	Perranporth FC Ponsmere	Argyle Football Roadshow	£18	5th Aug 26th Aug
WCS	St Day Association Football Club	Argyle Football Roadshow	£18	10th Aug, 31st Aug
WCS	Wendron United AFC	Argyle Football Roadshow	£18	12th Aug, 2nd Sep

EAST CORNWALL & NORTH DEVON

NO.	VENUE	THEME	COST	DATE
ECNDS	St Joseph's School, Launceston	Mini Pilgrims	£8	July 26th, Aug 2nd, 9th, 16th, 23rd
ECNDS	Lanivet Community Hub	Argyle Football Roadshow	£18	July 26th, Aug 2nd, 9th, 16th, 23rd, 3rd Sep
ECNDS	Bude Football Club	Argyle Football Roadshow	£18	July 27th, Aug 3rd, 10th, 17th, 24th, 31st
ECNDS	Dobwalls Football Club	Argyle Football Roadshow	£18	July 27th, Aug 3rd, 10th, 17th, 24th, 31st
ECNDS	Torpoint & Rame Community Sports Centre	Argyle Football Roadshow	£18	July 27th, Aug 10th, 24th
ECNDS	St Joseph's School, Launceston	Girls Only Football Roadshow	£10	July 28th, Aug 4th, 11th, 18th, 25th, 1st Sep
ECNDS	Saltmill 3G, Saltash	Argyle Football Roadshow	£18	Aug 5th, 12th, 19th, 26th, 2nd Sept
ECNDS	St Teath Football Club	Argyle Football Roadshow	£18	July 30th, Aug 6th, 13th, 20th, 27th, 3rd Sep
ECNDS	St Joseph's School, Launceston	Argyle Football Roadshow	£18	July 30th, Aug 6th, 13th, 20th, 27th
ECNDS	Padstow Football Club	Argyle Football Roadshow	£18	3rd Sep

DISABILITY

NO.	VENUE	THEME	COST	DATE
DS	Manadon Sports and Community Hub	Short Breaks	£8	27th July, 3rd Aug, 10th, 17th, 24th
DS	Manadon Sports and Community Hub	Disability Roadshow	£16	29th July, 5th Aug, 12th, 19th, 26th
DS	Manadon Sports and Community Hub	Disability Kicks Roadshow	FREE	31st Aug