

The Beacon

Academic Year 2021/22

Issue No: 11

Date 26th Nov 2021

Hello from Mr West

This week has been incredible. There are so many reasons I can attribute to this but the one that stands out is the generosity that was displayed on Tuesday. The day saw our annual Toy and Gift Giveaway at Montpelier. The premise behind this was to bring a smile to the faces of children throughout our city who are less fortunate than ourselves. That feeling that we can, when we come together, make a significant difference was certainly felt throughout the day with our hope being that we are instilling the moral purpose of supporting others in times of need.

This event did also spark the beginning of our Christmas celebrations as we reached the mid-way point of the term. Christmas is a magical time and I look forward to the many celebrations throughout the next three weeks. I am sure some of you will be contemplating when is the right time to put your tree up at home – in my house the opinion is it is never too early – our tree has been up since the 6th November! Have a fabulous weekend; I look forward to seeing you all for the last week of November.



School Term Dates for 2021/2022

WB Mon 6th December – Christmas lunch week 7th – 10th more info to follow

Mon 6th Dec – Christmas Tree Festival

Tues 7th Dec – Year 1 Nativity

Thurs 9th Dec – Year 1 Nativity

Fri 10th Dec - Foundation sing-a-long

Wed 15th Dec – Christmas Carol Service

Fri 17th Dec – Christmas jumper day

Mon 20th Dec 2021 – Mon 3rd Jan 2022 Inc. – Christmas holidays

Tues 4th Jan 2022 - non-pupil day

Mon 21st – Fri 25th Feb – half term

Mon 11th – Fri 22nd Apr Inc. – Easter holidays

Mon 2nd May – Bank holiday

Monday 30th May – Bank holiday

Tues 31 May – Fri 3rd June Inc. - Half term

Mon 6th June - non-pupil day

25th & 26th July - non-pupil days

27th July – start of the summer holidays

Music News

There are lots of fabulous singing rehearsals going on ready for the Christmas events- please note these dates/times if your child is in a music club.

Choirs Carol Concert- an email regarding tickets has been sent to all families with children attending choir. Please complete the google form by Tuesday 30th November to book tickets. This event features just the children in our after school choirs.

Year 2/3 Choir rehearsal update as previously shared, choir finished at 3:45pm on 30th November. **There is no rehearsal on Tuesday 7th December** due to the Christmas tree festival. Final rehearsal on **Tuesday 14th December**. Due to a busy schedule for our pupils and staff at the start of the Spring term, Y 2/3 choir will restart on Tuesday 1st February.

Year 4/5/6/ choir rehearsals as normal! Final rehearsal is Thursday 9th December. Choir will restart **for children doing Young Voices** on Thursday 6th January with another rehearsal on 13th, but due to our other events. There will be no rehearsals then until after half term. Children not doing Young Voices will be welcome back on Thursday 24th February.

Green Squad: Early finish of 3:45pm on 26th November and 10th December (last rehearsal) Restart 25th February

Steel pan: Last rehearsal of term is Monday 29th November. We restart on Monday 10th January with no rehearsal on Monday 24th January.

Thank you for your support. Miss JR

Lost Property

These items are still in the lost property and as they are quite distinct, I thought I would give you a last chance to claim them. Email janegilbert@mpsplymouth.net if any of them are yours.



UNDERSTANDING ANXIETY

And how we support Children & Young People

Workshop for Parents & Carers

- Anxiety is what we feel when we are worried, tense or afraid – particularly about things that are about to happen, or which we think could happen in the future. **Anxiety is a natural human response** when we perceive that we are under threat. It can be experienced through our thoughts, feelings and physical sensations.
- This **4 session workshop** will introduce participants to key concepts that help to understand anxiety and develop the means of supporting their child/young person struggling to manage their anxiety. These topics include:
 - What is anxiety?
 - How does it appear?
 - Why does it occur?
 - How can we manage it ineffectively
 - How can we support our children when they are anxious?
 - Practical ideas and interventions to for anxiety

The workshops will run over 4 sessions:

Tuesday 18th January 1:30-3:00pm

Tuesday 1st February 1:30-3:00pm

Tuesday 8th February 1:30-3:00pm

Tuesday 29th March 1:30-3:00pm (follow up session)

The workshop will take place in the school café depending on covid guideline.

Places are limited to 8 parents. You must be able to attend all 4 sessions.

If you would like a place please email Jane Gilbert by Friday 7th January 2022.

janegilbert@mpsplymouth.net

Kind regards

Jane Gilbert and Sarah Green

Save the Date

Upcoming Parent Workshops



When: Thursday 10th February 8:45-10:00am

Where: School Café

What: Come along for a small group session to find out more about how you can use Emotional Logic at home to support your child with the changes and challenges in life.



Speech and Language Support in the Home

When: Thursday 24th March 8:45-10:00am

Where: School Café

What: Come along to learn about practical approaches you could use at home to support your child with their speech and language needs. This may be helpful for those families who are on the speech and language waiting list.

Look out for more details in the New Year.